

Focusing on your child's journey towards the seven Early Learning Goals, try some of our exciting, hands-on activities to ensure your child is developing new skills and enjoying learning at home.

Physical Development

Obstacle Walk

Next time you are on a walk, turn the objects around you into an obstacle course.

You could:

- run to the lamppost
- hop to the tree
- jump to the fence
- walk along a log
- walk around a tree three times



Freeze

Dance around to some your favourite songs.

When the music is paused by a family member you must freeze in whatever position you are in.

Extra challenge: Try to freeze in specific poses such as animals or shapes.

Your family member could call out the pose as the music stops.



Understanding the World

Super Soap Solution

Make bubbles with this super soapy solution.

You will need:

- A clean container with a lid
- Washing up liquid
- Water
- A bubble wand or straw.

To make your solution:

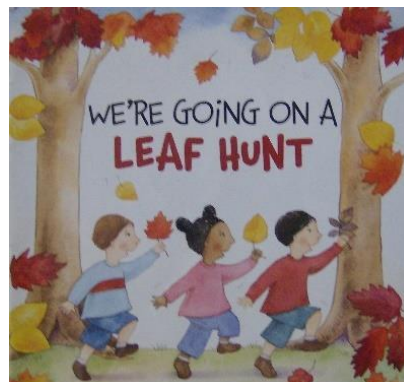
- Measure 6 cups of water into the container.
- Pour 1 cup of washing up liquid into the water, stirring slowly until the soap is mixed in with the water.
- Dip the bubble wand into the solution and start blowing bubbles.

Top Tip: Try not to let foam or bubbles form while you stir.

Leaf Hunt

Explore the leaves you can see next time you are outside by going on a [Leaf Hunt](#).

Can you name the tree they come from? Are all the leaves the same size, shape and colour?



Personal, Social and Emotional Development

Time Capsule

In a box, put a collection of items that represent your time at home. These could be pictures with dates and times, facts, feelings, a story about your time at home or diary entries.

Once the box is full, with adult permission, bury it in your garden (if it is waterproof) or hide it in a cupboard. When you or another person finds the time capsule in future years, it will be a reminder of the fun you had whilst at home.



Literacy

ABC Rock

When you are next outside, collect a range of rocks of different shapes and sizes.

You will need 56 rocks in total. If you cannot find that many rocks this activity can be completed with small pieces of paper or with a mixture of rocks and paper.



With help from a family member write the alphabet in lower case on 26 rocks and write the alphabet in capitals on the remaining 26 rocks.

Mix the rocks up and then try to match the capital letters to their lower letter.

How quickly can you complete this?

Expressive Arts & Design

Small World Water Play

Make your washing up bowl, bath tub or sink into a small world play zone.

Add boats, plastic figurines, plastic boxes, plastic cups, ice, food colouring or bath bombs to bring the play to life and then let your imagination run wild!



Expressive Arts & Design

Hand Drawing

What can you draw using your hands?

Watch this [video](#) and have a look at the images and see if you can create a picture using your own hand and fingers.



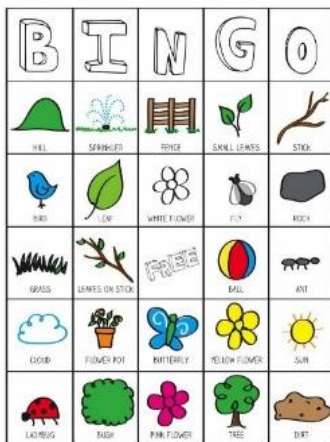
Communication & Language

Road Trip Bingo

Plan a walk around your local area and play a game of 'Road Trip Bingo' with your family or a friend.

Create a bingo board with different objects that you might come across on your journey e.g. car, tree, dog, football.

Each person has to choose ten items from the board before you start your trip. The first person to find all ten objects wins, but they must remember to shout BINGO!



Maths

Pairs

Find a collection of paired shoes in your house.

- Can you place them in a straight line, a circle, a wavy line, a triangle and a square?
- How many shoes make a pair?
- Can you use the pairs to count in twos? How far can you count?
- Can you count backwards as well as forwards?
- What else can you find pairs of in your home?



Super Signing

Learn a new way to communicate!

[Mr Tumble and Justin](#) will teach you how to sign different animals.

Once you have learnt them, can you teach them to someone else?

